

Frequently Asked Questions

*How can I obtain wound care services at **EntireCare**?*

- ❖ In order to provide excellent and safe treatment we must have referral from your physician.
- ❖ Surgical wounds should, in most cases, be referred by the operating surgeon.

What can I expect at my first appointment?

- ❖ After first signing in at Outpatient Registration, you then will check in at the **EntireCare** reception desk.
- ❖ Here you will be provided a health history questionnaire.
- ❖ Please be prepared with a list of current medications, diagnostic tests (cultures, imaging tests, etc), previous treatments utilized, and current medical providers involved with your care.
- ❖ Your therapist will review this with you, and assess your wound.
- ❖ Cleansing and debridement usually is initiated at the first visit.
- ❖ We will discuss the plan of care, set up a treatment schedule and follow up with your referring physician.

*At **EntireCare**, we understand the importance of good health, exercise and daily activity.*

That is why our mission is to improve the health of the people and communities we serve.

With a physician's order, most insurance companies will cover some or all of the cost associated with these programs.

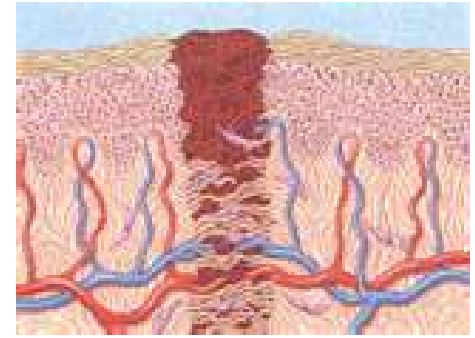
***EntireCare** will be happy to assist you in determining your coverage.*

***EntireCare** is located within Verde Valley Medical Center, 269 S. Candy Lane, Cottonwood, off W. State Route 89A. Please enter through the Outpatient Services entrance.*

For more information contact:



(928) 639-6383



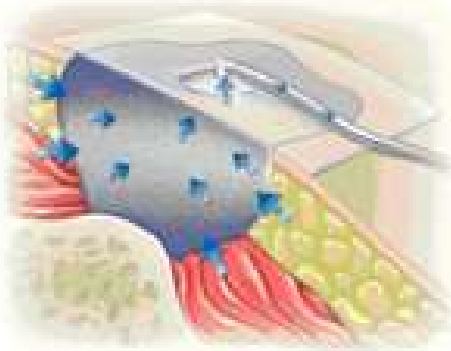
Wound Care Services

*Many of our customers are surprised to learn that in addition to traditional rehabilitation programs, **EntireCare** also offers an excellent wound care program.*



Wound Care Services:

- # Wound assessment
- # Tissue debridement
 - Irrigation
 - Pulsed lavage
 - Selective sharp & blunt debridement techniques
 - Whirlpool
- # Application of compression
- # Negative pressure wound therapy (Wound VAC)



- # Modalities: electrical stimulation and infrared therapy to stimulate growth of healthy tissue
- # Exercise to improve circulation, strength and overall physical and mental health
- # Patient education
- # Wound cultures per physician requested
- # Specialized treatment by Certified Hand Therapist for wounds affecting upper extremity function

What is debridement?

Debridement is the removal of unhealthy tissue from a wound bed. Physical and certified hand therapists use selective techniques to debride wounds. This may involve the use of forceps, scalpel, scissors, and forceful irrigation. Nonselective debridement methods also are employed, including whirlpool. Adequate pain control is very important, so please discuss this openly with your therapist and referring physician.

Who decides which of the above services I will receive?

Upon completion of your evaluation, your therapist will discuss the best treatment plan with your physician. This plan may change over the course of care, depending on how your wound responds.

How long will my wound therapy course of care last?

During your treatment session you will be educated in the care of your wound. Dressing changes on clean healthy wounds usually do not require therapy services. When the therapist determines that your wound no longer requires the skills of trained professionals, discharge is considered appropriate.

At *EntireCare* our physical therapy and hand therapy teams believe that together, we provide the best wound care services in the Verde Valley.

Our highly trained therapists are involved in the care of complex wounds of multiple etiologies and serve both inpatient and outpatient VVMC customers.

Wound Types we treat include, but are not limited to:

- # Diabetic ulcers
- # Venous insufficiency ulcers
- # Infected or necrotic wounds
- # Surgical wounds with delayed closure (i.e. infection, grafts, dehiscence)
- # Pressure ulcerations - Stage III or higher
- # Chronic wounds failing closure

